Zen In The Art Of Photography

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Through my personal photographic journey, I’ve learned how to ‘Zen out’ in my photography. For me, photography has become less about making photos, and more about finding inner-calm, peace, and tranquility. This book is an attempt for me to share some of my personal Zen philosophies when it comes to photography and life, and to provide some useful tips or insights, which I hope can help you in your personal journey. Always, Eric.

When I first started photography and was a beginner, I wanted to learn from the masters of photography. I would be at these fancy art exhibitions, and I would always hear other photographers ‘name drop’ other famous photographers. I nodded my head, and pretended like I knew who they were talking about. But in reality, I had no idea. Street photographer Rinzi Ruiz and photojournalist Jonathan Alcorn are both based in the Los Angeles area, but their personal photography takes them to very different places. Ruiz thrives in the bustle of downtown L.A., while Alcorn loses himself photographing skateboarders and surfer-types at Venice Beach. They each find their zen in these environments, shooting until the sun is low in the sky, letting everything slip away except for the shot. Take a look at what zen means to these photographers, and let us know in the comments where you find yours. This is sponsored content, produced with th