

## **Bibliography of Articles and Books Backing Concepts of Imago Relationship Therapy**

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Imago relationship therapy. Over the years, in the wake of several intense and confusing relationships, I read a number of books about relationship dynamics and improvement. However, perhaps none have had as powerful an impact on me as psychologist Harville Hendrix's books about his model of relationships - Imago Relationship Therapy. The focus of Hendrix's theory is the concept of the "conscious relationship." This is a relationship in which partners strive to become aware of the deep psychological causes of their attraction, challenges and conflicts and to communicate about them openly. From the Back Cover. Imago Relationship Therapy. It's been more than three decades since Harville Hendrix and Helen LaKelly Hunt—the best-selling authors of *Getting the Love You Want* and *Keeping the Love You Find*—created Imago Relationship Therapy. Their concept of the "conscious marriage" introduced a new paradigm for understanding the dynamics of couples. Since that time more than two thousand clinicians in twenty-eight countries have adopted and implemented this highly effective form of couples therapy. Imago Relationship Therapy traces IRT's history and explosive growth and outlines the differences and similarities between Imago theory and other models of couples therapy.