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Depression

Depression

Depression and bipolar disorders

Tagged : [Bipolar disorder](#) [Depression](#) [Paper](#) [What we're reading](#)

[f](#) [t](#) [s](#) [Print](#)

Resource Language:

English

Text Size: Normal / Medium / Large

Media Type:

Paper

Author:

Virginia Edwards

Publisher:

Key Porter Books Ltd.

Publication Date:

2002

Publication Place:

Toronto, ON

Explains how depression affects the brain, and how its effects can be reversed. Offers practical self-help suggestions.

Available From:

[Key Porter Books, Ltd.](#)

ISBN/ISSN:

ISBN 1 552634175

MENH.E39 2002

Notes:

Review, Network Winter 2003: One in five people will have a depressive illness during their lifetime, and twice as many women will be affected by these illnesses as men. Depression and bipolar disorder are serious medical conditions that often result in personal distress, work disability and social isolation comparable to that of similarly serious health conditions, such as diabetes, heart disease and high blood pressure. In any one year, 9.5% of the population will experience depression serious enough to compromise their quality of life. This book provides information to explain how depression affects the brain, how its effects can be reversed, as well as information on drug therapies. Depression and Bipolar Disorders also offers practical self-help suggestions, detailed case histories, suggested reading and a list of helpful organizations.

Conditions in pregnancy

Tagged : [Asthma](#) [Cardiovascular conditions](#) [Depression](#) [Epilepsy](#) [Hypertension](#) [Online](#) [Pregnancy](#) [Rheumatoid](#)

[arthritis](#)

[f](#) [t](#) [s](#) [Print](#)

Resource Language:

English

Text Size: Normal / Medium / Large

Media Type:

Online

Author:

Motherisk

Publisher:

Motherisk

Publication Date:

2001

Publication Place:

Toronto, ON

Lists Motherisk's published studies on the treatment of various conditions in pregnancy. Includes reports on cardiovascular diseases, depression, epilepsy, asthma, hypertension, rheumatoid arthritis and other conditions.

Available From:

[Motherisk](#)

URLs:

<http://www.motherisk.org/diseases/index.php3>

<http://www.motherisk.org/women/conditions.jsp>

The stories of women living with depression: their coping strategies and resources

Tagged : [Atlantic Centre of Excellence for Womens' Health \(ACEWH\)](#) [Centres of Excellence for Womens Health \(CEWH\)](#) [Coping](#)

[strategies](#) [Depression](#) [Online](#) [Paper](#) [Resources](#)

[f](#) [t](#) [s](#) [Print](#)

Resource Language:

English

Text Size: Normal / Medium / Large

Owning Org:

Atlantic Centre of Excellence for Womens' Health (ACEWH)

Centres of Excellence for Womens Health (CEWH)

Media Type:

Paper

Online

Author:

Jean Hughes

Cathy McCormack

Publisher:

Maritime Centre of Excellence for Women's Health

Publication Date:

2000

Publication Place:

Halifax, NS

Examines personal coping strategies and recovery processes of low-income women at risk for, or experiencing depression.

Available From:

[Atlantic Centre of Excellence for Women's Health](#)

ISBN/ISSN:
MCEWH MENH.H84 2000

URLs:

<http://www.cewh-cesf.ca/PDF/acewh/stories-depression.pdf>
<http://www.acewh.dal.ca/eng/reports/HughesDepression.pdf>

Notes:

Includes bibliographical references.

CEDRIC Centre for Counselling

Tagged : [Body image](#) [Counselling](#) [Counselling](#) [Depression](#) [Eating disorders](#) [English](#) [NGO - Non Government](#)
[Organization](#) [Self esteem](#) [Sexual abuse](#) [Weight perception](#) [f](#) [t](#) [s](#) [Print](#)

Organization Type:

NGO - Non Government Organization

Text Size: Normal / Medium / Large

Service Language:

English

Services Provided:

Counselling

Provides individual and group counselling on eating disorders, depression, anxiety, sexual assault, emotional abuse, body image issues, interpersonal skills, and self-esteem.

Primary Telephone:

250-383-0797

Website/URL:

<http://www.compulsiveeating.com/>

Email Address:

info@compulsiveeating.com

Tollfree Phone Number:

866-383-0797

Street Address:

485 Garbally Rd

City:

Victoria

Province:

British Columbia

Postal/ZIP Code:

V8T 2J9

Depression and manic depression (Farsi)

Tagged : [Bipolar disorder](#) [Depression](#) [Online](#) [f](#) [t](#) [s](#) [Print](#)

Resource Language:

Farsi/Persian

Text Size: Normal / Medium / Large

Media Type:

Online

Publisher:

Canadian Mental Health Association

Publication Date:

1993

Publication Place:

Toronto, ON

Lists, in Farsi, the symptoms, causes, duration, recurrence and treatment of depressive illness and manic depression.

Available From:

[Canadian Mental Health Association](#)

URLs:

http://www.cmha.ca/data/1/rec_docs/129_Dari_Depres.pdf

So many changes: women, health and midlife

Tagged : [Depression](#) [Menopause](#) [Midlife](#) [Paper](#) [Relationships](#) [Stress](#) [What we're reading](#) [f](#) [t](#) [s](#) [Print](#)

Resource Language:

English

Text Size: Normal / Medium / Large

Media Type:

Paper

Author:

Mary J. Breen

Lindsay Hall

Publisher:

Lawrence Heights Community Health Centre Press

Publication Date:

1999

Publication Place:

Toronto, ON

Covers issues related to midlife, menopause, stress, depression, and relationships. Includes quotes from women interviewed about their experiences with these issues as well as further resources.

Available From:

[Lawrence Heights Community Health Centre](#)

ISBN/ISSN:

ISBN 1898476038

MENO.B74 1999 (CWHN Offices)

Notes:

Review, Spring 2001: An inclusive informative book discussing physical and emotional changes associated with midlife and menopause including sexuality, work life, mental health and world perspective.

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Depression and bipolar disorder can both cause people to go through periods of extreme sadness and despair, and even mental health experts may find it difficult to distinguish between the two disorders. But new research suggests these conditions may have very different patterns of brain activity. In a new study, researchers scanned the brains of people with clinical depression and other people with bipolar disorder, and measured these individuals' reactions to emotional photographs. The researchers found differences in the amount of activity in brain areas involved in regulating emotion. Although bipolar disorder can include the above depressive symptoms, it also includes symptoms of mania. Bipolar disorder is characterized by mood swings that fluctuate between depressive lows and manic highs. A manic episode is described as a distinct period of abnormally and persistently elevated, expansive, or irritable mood and increased goal-directed activity or energy, lasting at least one week. Symptoms of mania include understanding the different types of bipolar disorder can help distinguish between bipolar disorder and depression. Bipolar I disorder: This is diagnosed when a patient has had at least one manic episode, regardless of whether or not there has been a depressive episode. There are two types of mood disorders: Unipolar Depression and Bipolar Disorder. Both are considered genetic disorders and they share many symptoms. There is also a form of depression called situational depression, where a person becomes depressed due to a specific event and then goes back to a stable mood once the event and its aftermath is over. This article focuses on Unipolar Depression and Bipolar Depression. What Are the Main Differences between the Two Depressions? The biology of these disorders is different, effective treatments are different, and in some respects the symptoms are also

