

# **Defensive Soccer Tactics**

**By Jens Bangsbo; Birger Peitersen**

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Providing soccer tactics for coaches and players.Â Rondo Drill for precise passing under pressure and a quick transition from defense into offense! See all. Recommendations and reviews. Recommended by 7 people. Informative resource for coaches. Defensive team tactics may be as straightforward as deciding where to first engage and pressure the opponentsâ€™ buildup play. If you decide that your opponents are highly skillful in possession of the ball and can play cleverly and quickly through a team that lacks compactness, you may decide to defend deeper with the first serious defense against the player on the ball taking place around the halfway line and with your strikers exerting that pressure. So what are soccer tactics? Itâ€™s easy really, a tactic or strategy is more or less they style in which a team plays. Some teams keep the ball, others play long ball, and some play a more defensive game while others are more attack minded. One coachâ€™s tactics can be completely different from the next and the beauty of it is both can have success. Tactics can include a teamâ€™s formation, areas on the field to exploit, how they play when they have the ball and when they donâ€™t and many other factors as well.