Let's Talk Soccer: Using Game-Calls to Develop Communication and Decision-Making in Football

By Gérard Jones
Genre: Coaching

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Let's Talk Soccer: Using Game-Calls to Develop Communication and Decision-Making in Football by Gérard Jones is Coaching Soccer coaches across all levels of the game share a common and simple dilemma: how best to improve their players. One of the best ways to do this is through improved communication and how we individualize our messages to our players. It's fundamentally important for coaches to provide quality communication with clear detail and, as the FA's Future Game Philosophy makes clear, “Mastery of innovative coaching methods that utilize communication styles is the mark of a gifted coach, and will be an essential requirement for the game of the future.” Examples of good communications that develop game understanding and skill are seen with elite football coaches such as Jose Mourinho and Pep Guardiola. Their messages are directly linked to how they want their teams to play, hence the importance of having a coaching vocabulary that players can understand. Let’s Talk Soccer introduces ‘Game-calls’, game-specific communication designed to enhance decision making and skill among players. Through Game-calls your team will become more organized, and your players will understand – as individuals – how to play within your playing philosophy. About this Book Let’s Talk Soccer is a practical resource on how to develop communication in game-realistic practices that will increase creativity and skill across all ages. This book is based on tried and tested methods, offering you a framework using ‘keywords’ directly linked to your playing style. The book will help you develop a clear coaching language such that, when used in training and in games, your players will instantly understand what you mean and can consolidate their learning. Who is this book for? Let’s Talk Soccer is for professional and amateur soccer coaches across all levels of the game who are interested in improving how they communicate with their players, and how their players communicate and perform on the pitch.
your squad. But what if you've never coached before, or want to improve? Don't worry! This friendly guide explains football rules, shows you how to approach coaching, and gives you practical pointers on improving team skills and encouraging good sportsmanship. * Understand football rules * Develop a coaching philosophy * Teach football fundamentals * Run great training sessions * Lead your team during a game * Communicate effectively with parents

**Players First**

By: **John Calipari & Michael Sokolove**

Now with a new chapter on the Wildcats' legendary comeback in the 2014 Final Four John Calipari, one of the most successful coaches in NCAA history, presents the world of college basketball from the coach's chair, unvarnished and straight from the heart. Players First is Calipari's account of his first six years coaching the University of Kentucky men's team, leading it to a national championship in 2012 and the championship game in 2014, all while dealing with the realities of the "one-and-done" mentality and an NCAA that sometimes seems to put players last. Filled with revelatory stories about what it takes to succeed at the highest level of the college game, Players First is a candid look at the great players and rivalries that have filled Calipari's life with joy and a sense of purpose. From the Trade Paperback edition.

**Give Me The Ball**

By: **Dan Blewett**

No one dreams of being a middle-reliever, and no one dreams of pitching the fifth inning of a 7-2 game. Rather, you play baseball to be the guy your team turns to, like a superhero, when the game is on the line. Give Me The Ball provides a blueprint of how to get there. Pitchers and coaches will learn what it takes to become the Ace of the staff, the guy everyone turns to in a jam. What you need to realize is this: The mental side of pitching is EVERYTHING. Whether you throw 62 or 92 miles per hour, your goal on the mound is to maximize what you've got right now. Give Me The Ball covers the mental aspects of pitching that separate the big-game pitcher who puts his team on his back, from everyone else. It's not enough to throw hard, or have a nasty slider. You need to have pitching savvy, situational knowledge, intense focus, competitiveness and impeccable practice habits to make it to the top. In this book, you'll learn: 1. How pro pitchers hold runners: prevent cheap runs by keeping runners on first base. 2. How to pitch to the situation: Learn how to get out of jams and hold the lead. 3. How to remain calm under pressure, so you can execute the pitch you need when the game is on the line. 4. How to call a smart game, so you get more outs in fewer pitches. 5. How to practice and build a routine that helps you get more out of your practice and throwing drills. Everything I'll teach you is simple, but often overlooked even by pro pitchers. To make it from varsity to college baseball, or college baseball to pro ball, you need to prepare and take the mound with a calm, aggressive focus that is backed with knowledge, experience and professionalism. I was once a walk-on at a small Division-I University, and I was one of the last pitchers on the depth chart. I HATED being one of the guys my coaches and teammates didn't trust. I worked hard and improved physically and mentally. I ended up not only becoming the #1 pitcher by my Junior year in college, but I also extended my career well beyond college, playing six seasons of professional baseball, earning two All-Star selections before retiring at age 31. I was once the last guy, and grew up into the #1 guy. I can show you how to do the same. - Dan Blewett

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By: 笑容

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SWAT Defense System

By: Gino Arcaro

Twenty-first century offenses present the greatest challenge for defensive coordinators in the history of football. The post-modern era of football – spread offenses, power offenses, warp-speed, slow-speed, and everything in between. Deep Force explains our solution – The SWAT defense – a Spread defense centered on a defensive Stretch Play ... a limitless system without a conventional playbook, taught by a one-man coaching staff, on both sides of the border, with open-admission student-athletes. And it’s connected to our SWAT no-huddle offense, another limitless system without a conventional playbook.

The Last Coach: A Life of Paul "Bear" Bryant

By: Allen Barra

The explosive biography of the greatest college football coach in history. When Paul William "Bear" Bryant died on January 26, 1983, it was the lead story on the all three networks' evening news. New York City newspapers reported his death on their front pages. Three days later, America watched in awe as an estimated quarter of a million mourners lined the fifty-five mile stretch from Tuscaloosa to a Birmingham cemetery to pay their respects as his three-mile long funeral cortege drove by. Bryant's passing was noted with the kind of reverence our country reserved for statesmen or military leaders, though Paul "Bear" Bryant had insisted for much of his life that he was "just a football coach." For millions he was much more, he was the greatest coach the game ever saw, the heir to the tradition established by Knute Rockne. He took his Alabama Crimson Tide teams to an unmatched six national championships. But to the players, journalists and fans whose lives he touched in his more than half a century as a player and coach, he was the last symbol of values that transcended football—courage, discipline, loyalty, and hard work. To his critics, Bryant represented the dark side of big-time college football—brutality, fanaticism and blind adherence to authority. The real Bear Bryant was far more complex than either his admirers or detractors knew. While maintaining a public friendship with Alabama governor George Wallace, he continually sought ways to undermine the governor's segregationist policies, finally forcing a legendary football game in Birmingham with the University of Southern California that opened the floodgates to the integration of football at the University of Alabama, including its coaching staff. Old fashioned in his politics, he was nonetheless an admirer of Robert Kennedy, whom he planning to vote for in 1968. Allen Barra's The Last Coach traces Paul Bryant's rise from a family of truck farmers to recognition as the most successful and influential coach in the game's history. Through it all, Bryant's influence has not only endured but prevailed as his former players and assistants continue to define the best in not only college but professional football. A USA Today and Washington Post Best Sports Book.

Soccer Training Blueprints: 15 Ready-to-Run Sessions for Outstanding Attacking Play

By: James Jordan

Are you a busy coach and time is tight? Would you like to get hands on with ready-to-use session templates quickly? Then this book is for you! Minimizing jargon and looking to maximize the limited contact time you have with your players, Soccer Training Blueprints is a must-read practical book for coaches of all levels. Utilising a game-based approach to soccer – where individuals actually play games rather than growing old in semi-static drills – author James Jordan offers 15 detailed session plans (comprised of 75 cutting-edge exercises) to help coaches develop attacking mindsets and improved skills in their players, and, most of all, nurture a love for soccer. Through his approach, James has won six High School State Championships and one Classic 1 Boys' Club Championship.
over the past decade. Aimed at coaches of both young male and female players, from 5-18 years of age, and adaptable depending on age group and skill set, Soccer Training Blueprints combines game-based soccer concepts with contemporary ideas from educational research on training and preparation to develop players who can think for themselves, execute their skills, and work to a plan. This is not about coaches standing on the touchlines yelling at their youngsters – this is about developing footballers to love and play the game as best they can! What the book offers: > A specific topic (e.g., creating opportunities from wide areas). > A detailed overview of the session including instructions on setting up the playing field, what players need to do, and scoring outcomes. > What players will learn from the session. > Coaching points for the session. > Guided discovery questions. Please Note: This is the sister book to The Volunteer Soccer Coach. If you already have a copy of that book, please do not purchase this one.

The Thursday Speeches: Lessons in Life, Leadership, and Football from Coach Don James

By : Peter G. Tormey

The Thursday Speeches contains the compelling pregame speeches, packed with inspiring stories and invaluable life lessons, that Coach Don James used to transform the University of Washington football program from obscurity to the national championship during his legendary 18-year UW career. Two days before Christmas 1974, Don James seized the reins of a Washington football program in disarray. Immediately, James challenged players to do the hard work necessary to get to the Rose Bowl. Some players laughed, reminding James that Washington hadn’t been to the Rose Bowl since 1963. James insisted on his vision. In his third season, the Huskies advanced to the Rose Bowl and – led by future Pro Football Hall of Fame quarterback Warren Moon – beat the heavily favored Michigan Wolverines. As but one measure of his coaching skill, Sports Illustrated once named the three best college football coaches in the country: No. 1, Don James; No. 2, Don James; No. 3, Don James. A member of the College Football Hall of Fame, the Husky Hall of Fame, and twice named National Coach of the Year, James remains the most successful football coach in Washington and the Pacific-12 Conference history. President of the American Football Coaches Association in 1989, James compiled a record of 153-57-2 at Washington and led the Huskies to 15 bowl games (10-5) including nine straight from 1979-1987. He guided the Huskies to six Rose Bowls and is one of only four coaches to win four Rose Bowl games. His 1991 team finished the season 12-0, beat Michigan in the Rose Bowl, and was named National Champion by USA Today/CNN, UPI, the Football Writers, Sports Illustrated, and several computer rankings. Written by Peter Tormey, Ph.D., a three-year UW letterman linebacker for James (1976-1979), The Thursday Speeches puts readers in the room with the legendary coach, revealing the exact words James used to inspire the Huskies to slay the football giants of his day. The book, which also contains new insights into James’ leadership, is organized into four sections: Part I: Getting to the Rose Bowl. Part II: Themes of the Thursday Speeches Attitude Life Lessons Competitive Greatness Visualizing Victory Part III: Glimmers – Short essays derived from interviews with Coach James. Part IV: A Lasting Legacy – Tributes to Coach James’ influence from Coach Gary Pinkel, University of Missouri; Coach Nick Saban, University of Alabama; Sam Wick, friend; Jeffrey James, grandson; James’ pastor, Rev. Jerry Mitchell; and Jill Woodruff, one of James’ three children. The book stems from Tormey’s doctoral research in Leadership Studies (Gonzaga University). James wrote the speeches before practice each Wednesday, by longhand, on 11-by-14-inch yellow legal pads. Exhibiting a voracious appetite for reading and an expansive intellect, James uses a wide range of powerful stories to engage the Huskies including topics such as Freud and Frankl, the Cheshire Cat in Alice's Adventures in Wonderland, the benefits of suffering, the importance of attitude, the key to problem-solving, the true meaning of fun. He fashions speeches around figures such as George Washington Carver, Benjamin Franklin, Julius Caesar, Vince Lombardi, and Helen Keller, and many others. James’ transformation of the UW program proves what scholars have theorized: Leaders skilled with
language have the power to literally speak things into being. Raised in Massillon, Ohio, James became a record-setting quarterback for the University of Miami Hurricanes. He was an assistant coach at Florida State, Michigan, and Colorado before becoming head coach at Kent State and Washington. James succumbed to pancreatic cancer on Oct. 20, 2013 at age 80. A portion of the proceeds from the book will be contributed to the UW’s Don James Football Endowment Fund to provide scholarship assistance to student-athletes who participate in the Husky football program.

**Andiamo a canestro**

By: **Maurizio Flammini & Mario De Sisti**

Questa pubblicazione vuole essere un blocco notes tecnico ad uso di tutti coloro che vedono nel lavoro a... "Tutto campo" un sicuro e continuo apprendimento tecnico. Noi riteniamo che questi diagrammi rappresentino un utile contributo alle effettive difficoltà tutt’ora presenti nello sport in generale e nella pallacanestro in particolare; ci riferiamo alle palestre troppo poco disponibili per gli allenamenti e alle perenni difficoltà che si incontrano negli impianti, difficoltà dovute alle deficienze in ordine alle attrezzature, al riscaldamento ecc. : La metodologia... "a tutto campo" risulta utile per un utilizzo nelle categorie giovanili e nell’attività di base. Nella speranza di aver apportato un piccolo contributo nella ricerca della migliore via del Basket Italiano, auguriamo a tutti un sincero buon lavoro. La motivazione che gli autori diedero nel presentare questo testo è la stessa che ha portato Basketcoach.net a voler presentare di nuovo questa pubblicazione perché ci sembra sempre attuale e piena di spunti specialmente per chi lavora con tanti ragazzi in spazi e tempi ristretti. Ringraziamo ancora coach Mario De Sisti e coach Maurizio Flammini che ci hanno dato l’opportunità di ripresentare un lavoro che forse non ha avuto il successo che meritava.

**Targeted Attack: Using Tempo as a Weapon**

By: **Keith Grabowski**

This interactive book presents 20 different procedural tools to utilize in any offensive attack. Instructional videos and game examples show exactly how to utilize these tools. Over two hours of video including cut-ups for further review give you depth and detail into this topic. Learn: Why every offense should implement Tempo as part of the attack. How you can develop Tempo/Procedures that work as counters to defensive reaction. Methods for communication. Installation and practice thoughts. ....much, much more.
Decision making in key moments (like choosing between dribbling and passing, or passing and shooting, etc) comes from experience. The more you play, the better you’ll get at this. 5 Tips for a Soccer Winger. To make sure that you dominate as a winger, you’re going to have to train hard and work on the parts of your game that could be improved. And there’s always room for improvement.

Here are five tips on how you can take your wing play to the next level. 3. Keep Your Head in the Game. Many wingers have a tendency to become frustrated when their moves don’t work out or the opponents and fans provoke them to throw them off their game.