

IN YOUR FACE The Culture of Beauty and You

by Shari Graydon

Genre: Non-fiction

Themes: Self-esteem
Body image
Gender issues
Media
Advertising
Society
Stereotyping
Decision making
History

Suitable for: Grades 7 – 12

In Your Face

“In our factory, we make lipstick; in our advertising, we sell hope.”—*Charles Revson, founder of Revlon Cosmetics*

On the strength of that hope, more money is spent annually on beauty products in the U.S. than on education—over \$6 billion on makeup alone.

Shari Graydon encourages readers to look critically at the culture of beauty both past and present. Whether it's the different standards for guys versus girls, the assumptions we all have about models and celebrities, or the message that “the right makeup” can make you a better person, Graydon will help teens face up to the culture of beauty and the beauty-industry hype.

Meanwhile, a remarkable selection of photographs takes readers on an enlightening tour of beauty culture through time. Complete with a lively design and comic-style vignettes to open each chapter, this book will captivate readers.

THE FOLLOWING ACTIVITY IDEAS ...

... are only a start. There are many possibilities for helping students construct meaning from text. Comprehension activities:

- help readers to extend their general knowledge from prior experience
- develop reading strategies for comprehension
- bring relevance to the act of reading
- foster discussion and reflection through response to the text

BEFORE STARTING THE BOOK

Activities to build the context and introduce the topic of the book, and to establish prior knowledge and interest and develop predictions of what the text will be about.

Beauty, body image, and eating problems are some of the salient topics covered in *In Your Face: The Culture of Beauty and You*. Working with students on these deeply personal issues is important, exciting, and challenging. As a teacher, you already know that a classroom environment that promotes safety and inclusion will nurture honest and meaningful discussion. Undoubtedly, you have already worked with your students to create such an environment. Here are some additional ideas that may be useful when discussing the issues addressed in the book.

Body image and eating problems affect boys and girls/men and women differently. Sometimes it is easier for young people to speak to each other in same-gender groupings. If possible, a male and a female teacher can team up and facilitate some of the activities in this teachers' guide with each other's students of the same gender. Alternatively, a "fish bowl" technique can be used. Students sit in two concentric circles with either the girls or boys sitting in the inside or outside circles. When one group speaks, the other is silent until everyone in that group has finished sharing. The group that began sharing is then silent while the other group has an opportunity to speak.

Personal information is sometimes easier for students to share in the form of a journal rather than in the larger group.

Develop a shared language. Clear definitions are important when helping students to learn about new concepts. Use the glossary at the end of this teachers' guide.

Establish group norms for classroom discussion.

WHILE READING THE BOOK

Activities to check on comprehension, stimulate interest, involve readers in reflection as they read, and encourage consideration of other readers' reactions.

There are five activities included in this section based on some of the important themes in *In Your Face: The Culture of Beauty and You*. The overall goal is to help students begin to integrate new information from the book both cognitively and emotionally through an experiential approach to learning.

ACTIVITY ONE: BEAUTY MYTHS: WHO DECIDES?

This activity combines the theme of defining beauty (Chapter 1) with the theme of the ever-changing

notion of beauty and fashion (Chapter 2). Students will discover how beauty myths are conceptualized, and they will have the opportunity to deconstruct some of the stereotypes in the plot and moral(s) of the traditional fairy tale. They will focus on the differences in representation: Beautiful young women or girls are portrayed as kind and generous, and often rely on the help of men to save them from difficult situations. Unattractive women are depicted as evil, jealous, and hurtful. Handsome men are usually wealthy and save the damsel in distress and live happily ever after. There are rarely any interracial or gay and lesbian relationships, just as there are rarely any characters of color, or people with disabilities.

Objective:

Students will examine fairy tales in order to uncover beauty myths, and investigate the changing trends in beauty and fashion in different times and places.

Time:

Total 160 minutes: 30 minutes for part 1, 80 minutes for part 2, one full period of in-class time for part 3.

Preparation:

Collect a variety of traditional fairy tales from the school library. Include a variety of fairy tales from different cultural groups. Be prepared to have students work in small groups. Create worksheets with the following questions:

- Summarize the plot and moral(s) of your story.
- Who is the intended audience?
- Who are the main characters in this story? What do they look like? How do they behave?
- Do you notice any connection between the way the characters look and the way they act?
- What are some of the differences between the European fairy tale and those from other cultures? What characteristics are valued in each fairy tale? What traits does each culture value?

Materials:

- chart paper and markers / chalk board and chalk
- a selection of fairy tales (enough so each group receives two different stories)
- worksheets

Learning Strategies:

Part 1:

1. Have students share their earliest memories of beauty. Try to elicit responses that relate both to themselves as well as to other people and other things (for example dolls, a new bike, a beautiful day, family members). Record their responses on the chart paper under the heading BEAUTY.

2. Ask students where their ideas of beauty came/come from and record their responses on the chart paper under the heading SOURCE.

Part 2:

1. Break the larger group of students into smaller groups of three or four.
2. Distribute worksheets and two different fairy tales to each group (one European fairy tale, one from another culture). Give each group 20 minutes to complete the worksheet.
3. Ask each group to make a brief presentation on their findings. Based on the reflections from their worksheet, ask each group to rewrite one of their fairy tales into a short play they will present to the class. Give each group 20 minutes to write and rehearse their play. Ask them to present their new fairy tale to the class.

Part 3:

1. Have students work in pairs to research the history of fashion. There are many easily accessible websites students can choose from (some of these are listed in the resource section at the end of this teachers' guide). They should focus on an aspect of historical fashion that is new to them (for example the wearing of corsets, hairstyles, tattoos, foot-binding).
2. Have students draw parallels between historical fashions and current styles and beauty treatments (i.e. 17th-century tools for big hair and today's gels, flat irons, dyes ...)
3. On a Bristol board, each pair of students should display their findings.
4. Display the Bristol boards in an art gallery style. Have the students walk around and look at and read each other's work.
5. In a large-group discussion, have students share the changes in fashion they themselves have gone through over the years.

ACTIVITY TWO: A VERY DANGEROUS BUSINESS: YOUNG ENOUGH TO COMPETE

This activity combines the themes of four different chapters: youth and beauty (Chapter 2), suffering to be beautiful (Chapter 4), competition and “appearance rivalry” (Chapter 8), and the big business of the beauty industry (Chapter 9). Students will explore how the beauty industry affects boys and girls by perpetuating stereotypes. These stereotypes relate to traditional gender roles. Girls and women tend to compete on their looks, while boys and men typically compete on their physical strength or intelligence. This reinforces the idea that the only thing women need to be successful is beauty. This in turn places pressure on girls and women to spend more time on their looks, purchase more beauty products, and engage in a variety of behaviors to enhance their physical appearance. At the same time, boys and men feel pressure to bulk up to look muscular and toned.

Objective:

Students will: think about the ways that the beauty industry affects them personally; analyze the strategies that they engage in to conform to beauty standards; and think about the role and effects of competition on boys and girls.

Time:

30 minutes for introducing the topic and explaining the handout; one week for student inventory and analysis; one month for recording beauty product purchases; one full class period for follow-up discussion.

Preparation:

Create a checklist that includes the required questions (see Learning Strategies 2). Photocopy and hand out one to each student.

Learning Strategies:

1. Ask students to brainstorm all of the things that people do or wear in order to “look good” and fit in with friends. Depending on their age, they will come up with an enormous list, including hair care (gel, shampoo, hairstyle, straighteners, and dye), makeup, clothes, piercings, jewelry, food restriction (eating problems and dieting), exercise, steroid use, and hair removal (shaving, waxing, and plucking). Record their responses.
2. Now ask students what activities they engage in that make them feel better, and why. Record their responses and examine the list of beauty activities. Are all of the responses based on styles and makeup? Or are there other things students do that make them feel good about themselves?
3. Instruct students to keep a personal inventory for one week of all the things they do to “look good.” Ask them to indicate which products and/or behaviors they have seen advertised in magazines or on television. Out of those advertised, which are most prominent?
4. Ask students to choose from their lists a product they use or a behavior they engage in that involves them experiencing some form of discomfort (for example food restriction, steroid use).
5. Ask the students to keep a record of every beauty or fashion item they buy for a month. At the end of the month ask them to add up their spending and multiply it by 12.
 - How much do they spend in a month?
 - How much in a year?
 - Are they surprised by the total amount they are spending on fashion and beauty items?
 - Do they think they should spend more? Less?
 - On a graph, plot the spending of the boys in the class; now plot the girls’ spending.
 - Who spends more on fashion and beauty items, boys or girls?

- Is there any correlation between the amount each gender spends and the amount of advertising directed at them?
- Is there a correlation between self-esteem-issue statistics and the spending trends?

ACTIVITY THREE: POWER EFFECTS. GENDER, AND BEYOND

This activity combines the themes of sexism (Chapter 5) with other forms of discrimination based on race, ethnicity, and size (Chapter 6).

Objective:

Students will explore the relationship between discrimination based on physical appearance and the role of institutions, individual actions, and ideas. Racism, sexism, homophobia, class bias, and discrimination against people with disabilities are all connected to the beauty myth.

Time:

Total 80 minutes: 40 minutes each for part 1 and part 2.

Preparation Part 1:

Collect used fashion, muscle, fitness, gossip, car, and sports magazines as well as newspapers from students and colleagues a number of weeks before teaching this activity. If you live and work in an urban center with geographically culturally specific community and shopping areas, try to access fashion and gossip magazines from outside of North America and Europe. Be prepared to have students work in small groups. Create worksheets with the following questions:

- Describe the topic of your magazine.
- Who is the intended audience?
- Who is in the magazine? What do they look like? What are they doing?
- Do you notice anything in particular about the kinds of people who are represented? How would you describe them?
- What types of advertisements are included? What do the advertisements tell you about the audience for the magazine? What is the relationship between the ads and the editorial content of the magazine?

Preparation Part 2:

Choose a few magazines as teacher copies. Find images of Hollywood on-screen couples. You may want to include images of some of the actors mentioned on page 77 in the section “Old Farts and Sweet Young Things.” Cut out each individual actor/actress separately as you would a paper doll. Find 25 couples and create 50 individual paper cutouts. Try to include some couples who do not fit traditional Hollywood standards—interracial couples, same-sex couples (television shows and films such as *Buffy* and *Catwoman* include such relationships). Check the Internet for images. Put 5 couples (10 cutouts) in each of 5 envelopes.

Materials:

- chart paper and markers / chalk board and chalk
- worksheets
- envelopes
- cutouts of movie-star couples
- glue
- construction paper

Learning Strategies:**Part 1:**

1. Break the larger group of students into smaller groups of four or five.
2. Distribute worksheets and several magazines of the same genre to each group. For example, one group will receive the fashion magazines; another will receive the gossip magazines, another sports magazines, etc. Depending on the age of your students, you may want to assign individual tasks (recorder, presenter, timekeeper, etc). Give the class 30 minutes to complete their worksheets in groups.
3. Ask each group to make a brief presentation.
4. Help your students to discover some of the stereotypes and ideas behind the images in magazines and newspapers. Ask them to pay particular attention to how each gender is portrayed. For example, are women active or passive, fashion obsessed or comfortably casual, etc.? What about men? How are they portrayed? What is the magazine saying about women? About men? What are the differences in representation across genres? Across racial, sexual orientation, and other minority groups?

Part 1 Extension:

Have students research and compare current fashion trends with those from the 1950s, '60s, '70s, '80s and '90s. On the Internet, students can type in the words *beauty* and the decade of their choice to find relevant information. They may also use the public library to access older fashion magazines.

Part 2:

1. Have the students divide into five smaller groups.
2. Give each group an envelope with paper cutouts of on-screen couples.
3. Ask the students to pair the movie-star cutouts together according to the way they think they have been paired romantically in films and on television. The students may have to guess.
4. Ask the groups to be prepared to offer a rationale for their choices when they present to the larger class.

5. After each group shares their best guesses, give the class the correct answers, with information about the films and television programs for which the actors were actually paired. You can ask the class whether they were surprised by any of the pairings and why. Have a discussion about stereo types and double standards drawn from information in Chapter 5.

ACTIVITY FOUR: THE STORY OF BEAUTY

This activity combines the themes of privilege and the price of beauty (Chapter 7) with testimonials of models (Chapter 10). Students will learn that “beautiful” people still have problems, and some of those problems are connected with being beautiful.

Objective:

Students will think about the pressures and stresses associated with being beautiful.

Time:

One classroom period

Materials:

- a copy of Morgan’s, Agata’s, and Elia’s testimonials from Chapter 10 for each student
- a variety of fashion, celebrity, and muscle magazines
- large paper
- glue
- markers

Learning Strategies:

Part 1:

1. Have students read Morgan’s, Agata’s, and Elia’s testimonials.
2. Ask each student to write a letter of reply to one of the above. Their letter should include answers to the following questions:
 - What did you think of the story?
 - Did any part of the story surprise you?
 - What did you learn about beauty from the story?

Part 2:

1. After examining the negative aspects of being beautiful, have students browse through magazines and choose a picture of someone whom they consider beautiful.
2. Ask students to glue this picture onto a larger piece of paper.
3. Ask them to think about what the person in their example may be thinking. Using markers, have them create word bubbles to represent these ideas.
4. Ask students to share their work in small groups.
5. Come together as a large class and create a chart of the positive and negative experiences of “beautiful” people. Now compare these experiences with those the class imagines for people who are not considered beautiful.

ACTIVITY FIVE: WHEN I GROW UP

This activity combines the themes of privilege and the price of beauty (Chapter 11). Students will learn that beauty is not defined by one sole attribute, but rather by a combination of qualities.

Objective:

Students will think of strategies to help them achieve their future goals.

Time:

One classroom period

Materials:

- a variety of magazines

Learning Strategies:

1. Have students create a collage from images in magazines reflecting what they want their lives to look like when they are adults.
2. Ask them to write about the qualities and accomplishments that they desire.
3. Have them think of strategies they can use that will help them achieve those qualities and accomplish their goals.

RESOURCES FOR TEACHERS

Throughout *In Your Face: The Culture of Beauty and You*, there are very clear and useful definitions that you will want to explore with students. As well, many important text, video/film, curriculum, and website resources can be found in the Notes section starting on page 165. What follows are a few resources that you may find helpful to supplement the activities in this teachers' guide.

GENERAL RESOURCES

The following websites have comprehensive lists of American and Canadian curriculum guides, videos, books, and electronic resources.

Pathfinder Body Image http://www.wsd1.org/PC_LMS/pf/bodyimage.htm

The American Anorexia Bulimia Association <http://www.aabainc.org/>

Eating Disorders Awareness & Prevention <http://www.edap.org>

Egallery: Addressing Body Image, Self-Esteem, and Eating Disorders
<http://www.ucalgary.ca/~egallery/volume2/small.html>

American School Board Journal: (Research) Starving in Silence
<http://www.asbj.com/2002/03/0302research.html>

CURRICULUM RESOURCES

Adams, M.L. Bell, & P. Griffin (1997). **Teaching for Diversity and Social Justice: A Source Book for Teachers and Trainers**. Contains specific chapters focused on curriculum designed for increasing awareness of different forms of oppression. A blend of theory and practice.

Elementary Teacher's Federation of Ontario (1999). **We're Erasing Prejudice for Good**. A literature-based, comprehensive anti-bias curriculum document that contains integrated lessons consistent with Ontario's curriculum. This year round resource contains complete lessons from kindergarten to grade 8 on ten monthly themes. Available from www.etfo.on.ca

ETFO Body Image Project. **Reflections of Me**.

A comprehensive research-based, body-image curriculum for grades 1 to 8. The package also includes a video and a brochure for parents. Available from www.etfo.on.ca

Peel District School Board (2000). **The Future We Want: Building an Inclusive Curriculum.**

Rice, C. & V. Russell. (2002) **EmBodying Equity: Body Image as an Equity Issue. A Manual for Educators and Service Providers.**

A practical resource for grades 4 to 12 addressing the intersections of body image, identity, discrimination, and equity. Available from www3.sympatico.ca/equity.greendragonpress

WEBSITE RESOURCES

www.pbs.org/newshour/infocus/fashion/whatisfashion.html

This site covers the history of fashion and has many interesting links to nail polish color, hair dyes, uniforms, hip-hop fashion, etc.

www.nedic.ca

The National Eating Disorder Information Centre (NEDIC) is a Toronto-based non-profit organization, established in 1985 to provide information and resources on eating disorders and weight preoccupation. NEDIC began as a result of the concerted efforts of a group of health-care providers.

www.bodypositive.com

Body Positive explores the notion of taking up occupancy inside your own skin, rather than living above the chin until you're thin. It is a set of ideas that may help you find greater well-being in the body you have. One of these ideas is to define "healthy weight" not from a generic height/weight chart or even arbitrary Body Mass Index cut-offs, but rather as the weight your body is when you are living a reasonable life.

www.mediawatch.ca

MediaWatch is a national, not-for-profit feminist organization that works to promote social justice and equality by conducting media research and advocating for change within government, industry, and the public. MediaWatch has produced many educational print and video resources related to the media's portrayal of women and girls. Check the Resources section of this site for a list of reports.

adbusters.org

Adbusters is a global network of artists, activists, writers, pranksters, students, educators, and entrepreneurs who want to advance the new social activist movement of the information age. Adbusters Media Foundation publishes *Adbusters* magazine which is a not-for-profit, reader-supported, 120,000-circulation magazine concerned with the erosion of our physical and cultural environments by commercial forces. Adbusters' work has been embraced by organizations such as Friends of the Earth and Greenpeace, and has been featured in hundreds of alternative and mainstream newspapers, magazines, and television and radio shows around the world.

www.humoriste.freesevers.com/History%20of%20Beauty.htm

This website spotlights women throughout the ages who were known for their beauty.

<http://Inventors.about.com/library/inventors/blbeauty.htm>

This website features the history of cosmetics, beauty supply products and hair removal. It is very detailed and full of interesting information.

www.beautyworlds.com/tocmodcult.htm

This website features many interesting articles related to various aspects of beauty, including global hair styles, issues of beauty and disability, and advertisement campaigns.

VIDEOS

Your Name in Cellulite (1995). National Film Board of Canada.

Gail Noonan created this six-minute animated video about the disparity that exists between a woman's natural beauty and the ideal set forth in popular culture. Available from www.nfb.ca

The Big One (1997).

This video focuses on clothes manufacturing, the effects of corporate downsizing on the lives of Americans, and the exploitation of workers in Third World countries. Available from most video stores or www.michaelmoore.com

Beauty Begins Inside Series (1996). National Film Board of Canada.

The Pressure Zone, one of three videos in this series, seeks to explore the messages bombarding teens from the diet and image industries. Available from www.nfb.ca

Journals

Fashion Theory: The Journal of Dress, Body & Culture

Published quarterly in March, June, September, and December. Of particular interest is Volume 6 (Fashion and photography) and Volume 1 (Hair). You can subscribe online at www.bergpublishers.com

IN YOUR FACE

LESSON PLAN #2

Originally posted as part of the Annick LIVEBARY program (discontinued).

TOPIC/SUBJECT: Media Awareness AGE RANGE: 9-13 GRADE LEVEL: 4-8



The Eye of the Beholder

A scene in the movie *The Gods Must Be Crazy* shows a small, wiry African bushman stumbling upon the sight of a beautiful blonde woman getting dressed in the shade of a tree. As the scene unfolds, you hear the inner thoughts of the bushman, who's looking at the woman with a mixture of pity and amusement.

Even though she has Hollywood-style good looks, he thinks she's just about the ugliest creature he's ever seen. She's way too pale—like something that crawled out from under a rock—with stringy, “gruesome” washed-out hair that makes her appear very old. And she's much too large—he imagines he'd have to search the entire day to find enough food to feed her.

Finally, as he watches her put on a blouse made from sheer fabric, he can't understand why she's covering her arms with what looks to him like hideous cobwebs.

Because the world of the African bushman is so unlike that of the woman, what he sees is completely different from what North American audiences see when viewing the same thing. The movie lets us understand his perspective and it challenges us to think differently about some things we normally take for granted—like what is beautiful.



Body Image Goes Global

Our definitions of what's gorgeous and what's not vary dramatically from one culture to another. The movie example of the African bushman repulsed by the blonde is just one indicator of this. Contrast North American beauty standards with some of the attitudes found in other countries:

- * In modern, urban Brazil, large bottoms and small breasts are seen as desirable assets.
- * The ideal Ugandan woman weighs about 150 pounds.

- * Native Peruvians and many Nigerians consider especially full-figured women beautiful, whereas the same bodies might be seen as overweight in North America.
- * The French are generally more focused on fashion and makeup than body image, and are disdainful of North America's obsession with thinness.
- * Some African tribes make deliberate cuts to their skin in order to create “beautiful” scarring.
- * In other countries, young people deliberately wound themselves, puncturing the skin on their face or body with pieces of metal. (Oh, wait a second, those countries include Canada and the United States!)

But North American culture is being exported all over the world faster than ever. As a result, the definitions of beauty held up as ideal in TV shows, advertisements, and movies produced here are being imposed on other cultures.

Now, even in some Asian and African countries, where the vast majority of people have dark hair, skin, and eyes, the models celebrated as being the height of beauty are often blonde-haired, blue-eyed and pale-skinned.

Who benefits from this? Certainly not Asians and Africans. In trying to sell North American products, the media messages end up suggesting to millions of people that not only are they not beautiful the way they are, but they can never even hope to *become* beautiful, because they don't have the right set of genes to start with.

And yet North America's unrepresentative scrawny ideal is also being exported. Up until American TV was introduced into Fiji in 1995, eating disorders were unheard of there. Three years later, one study found that 15 percent of girls had tried vomiting to lose weight. Our television shows had effectively taught young Fijian women not only to hate their naturally curvy bodies, but also the dangerous techniques that lead to eating disorders.

People who have traveled all over the world will tell you that teenagers in Tanzania have different ideas about what's hot than their counterparts in northern Thailand, downtown Moscow, the upper Amazon, and the highlands of New Guinea.

Even within North America, definitions of beauty can be tremendously diverse. Both Canada and the United States are made up of immigrants from all over the world whose skin, hair, and eyes reflect a rainbow of colors, and whose body preferences and fashion practices have been shaped by dramatically different cultures. It's just that most of the images seen in mainstream TV shows and movies don't reflect this.

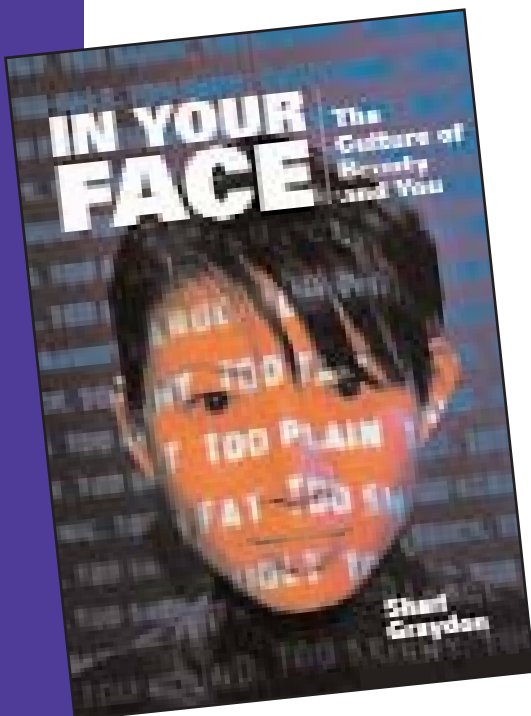
But there *are* signs that our culture could be changing—even in the unlikeliest of arenas, big business. As one makeup industry executive says, “I’m committed to proving that beauty has no single look. Beauty can be both a ... black transvestite or a woman like kd lang without a hint of makeup.” (Frank Toskan, founder of MAC cosmetics)



Image Reflections

So what does beauty being in the eye of the beholder really mean? Basically, that it’s up to you—and me, and him, and them and her ... We’ve all got opinions, and a lot of them clash.

- * Just as it’s impossible for people to agree on “the best movie or book of all time,” a single definition of beauty doesn’t exist.
- * There’s simply no predicting. Throughout history and across cultures, people have responded to all sorts of different qualities—both physical and emotional—when checking out one another’s looks.
- * Tape measures can give you dimensions, but they’re almost useless for judging beauty.
- * Most of the images we see in the media reflect only a fraction of the beauty diversity found in the real world: it’s like we’re being fed a diet of vanilla ice cream all the time, and being denied everything from chocolate and maple walnut to mango and cappuccino—which many people find equally or more appealing!



“What is Beautiful”
an excerpt from the book

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Published by Annick Press.
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paperback
ISBN 10: 1-55037-856-2
ISBN 13: 978-1-55037-856-6

library binding
ISBN 10: 1-55037-857-0
ISBN 13: 978-1-55037-857-3

www.annickpress.com



ASSIGNMENT

Creating a “What is Beautiful” Book

Can you think of someone who seems beautiful to you, but who is not what most people would consider “good looking”? Can you find an image of that person to share with the class, and write down on a note card why you think this person is beautiful?

This can be a team project, with each team member finding someone who is beautiful in a different media. One person picks an actor, one a recording artist, one a model or picture from a magazine, one a public figure, one an athlete. They each gather an image of their beautiful person and write a note card about why this unconventionally-attractive person is so beautiful.

These images and note cards can be pasted into a “What is Beautiful” Book so that everyone can see some of the different kinds of beautiful around us.



QUIZ

NOTE: Quiz answers are available at the end of this document.

1) **True or False**

Men are friendlier when they think they're talking to a beautiful girl than a plain one.

2) **True or False**

Women are friendlier when they're talking to men who think they're hot.

3) **Multiple Choice**

How many people in the United States had tattoos *removed* in 2004? (Ouch!)

- A. 10 people
- B. 10 thousand people
- C. 10 million people

4) **True or False**

Good looking people earn more than ordinary looking people.

5) **Multiple Choice**

Of the three items listed below, what do Americans spend the most on?

- A. Beauty products
- B. Pet products
- C. Education



QUIZ ANSWERS

1) True or False

Men are friendlier when they think they're talking to a beautiful girl than a plain one.

Answer:

True. Men given photographs of women they were talking to over the telephone were more humorous and engaged when they thought the women were attractive.

2) True or False

Women are friendlier when they're talking to men who think they're hot.

Answer:

True. When men think they are talking to a beautiful woman on the phone, they get friendlier—and the women respond by getting friendlier, too. When you treat someone as beautiful, they often become more animated and interesting.

3) Multiple Choice

How many people in the United States had tattoos *removed* in 2004? (Ouch!)

- A. 10 people
- B. 10 thousand people
- C. 10 million people

Answer:

C. 10 million people took their tattoos off—a process that is more painful than getting them put on.

4) True or False

Good looking people earn more than ordinary looking people.

Answer:

True, but not by much. Studies show that tall men have a slight earnings advantage over shorter men (\$800 a year), and “pretty” women have a small earnings advantage in service-industry jobs over plain-looking women.

5) Multiple Choice

Of the three items listed below, what do Americans spend the most on?

- A. Beauty products
- B. Pet products
- C. Education

Answer:

A. Beauty products. That's right, more for beauty products than education. In fact, \$52 billion dollars was spent in 2004 on beauty products, including dieting products and services, plastic surgery, skin care, hair care, and makeup.



DISCUSSION QUESTIONS

- 1) What are some of the things you can tell about someone just by the way they look?
- 2) What can't you tell about a person just by the way they look?
- 3) Do you think beautiful people are happier than people who are not Hollywood-handsome?
Why or why not?
- 4) What makes a person beautiful besides the way he or she looks?

2. France The French are all about natural beauty. Minimal makeup, natural and messy looking hair, and impeccable style is what makes French women look gorgeous and effortlessly elegant. Don't you wish you were a little bit French? 3. Spain Spanish ladies are all about sensuality. It comes into play in all aspects of life, beginning with choosing an outfit for the day and ending with expressing their feelings and emotions. Curvy figures, jet black hair and dark eyes – these are the things that constitute beauty in Spain. And you can't really be a true Spanish beauty if you can't dance.